



INC
NIGHT
ONLY

PERFORMANCE PROGRAM

JOIN THE CAST OF “ONE NIGHT ONLY”

BEGINNER

60 MINUTE REHEARSALS

LEARN 2 DANCES + FINALE

B 2 HEELS

FRIDAY 7:00-8:00 PM
with Vanessa

B 2 SNEAKERS

FRIDAY 8:00-9:00 PM
with Vanessa

ALL CLASSES INCLUDE:

- 3 hour boot camp on week 1
- 3 hour final cast rehearsal on week 12/show week
- free bonus rehearsal slots to book in studio
- professional stage photos

ADVANCED BEGINNER

75 MINUTE REHEARSALS

LEARN 3 DANCES + FINALE

AB 1 HEELS

MONDAY 7:30-8:45 PM
with Shannon

AB 2 HEELS

FRIDAY 9:00-10:15 PM
with Vanessa

AB 1/2 HIP HOP

TUESDAY 8:00-9:15 PM
with Sam & Vanessa

AB 1/2 JAZZ FUNK

WEDNESDAY 7:45-9:00 PM
with Leanne

INTERMEDIATE & ADVANCED INTERMEDIATE

90 MINUTE REHEARSALS

LEARN 4 DANCES + FINALE

IN 1/2 HEELS

THURSDAY 7:30-9:00 PM
with Shannon & Leanne

IN 1/2 HIP HOP

THURSDAY 9:00-10:30 PM
with Sam

IN 1/2 JAZZ FUNK

WEDNESDAY 9:00-10:30 PM
with Leanne

IN 1/2 CONTEMPORARY

MONDAY 8:45-10:15 PM
with Brittanie

AIN 1 HEELS

TUESDAY 9:15-10:45 PM

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 CLOSED FOR EASTER	4 CLOSED FOR EASTER
5 CLOSED FOR EASTER	6 CLOSED FOR EASTER	7 PERFORMANCE PROGRAM LIFT TRAINING	8 INJURY PREVENTION WORKSHOP WITH BRITTANY BRIE	9 (7-10PM) PERFORMANCE PROGRAM BOOTCAMP IN & AIN	10 (7-10PM) PERFORMANCE PROGRAM BOOTCAMP B & AB	11
12	13 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	14 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	15 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	16 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	17 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	18
19	20 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	21 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	22 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	23 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	24 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	25
26 AVAILABLE TO BOOK FOR BONUS REHEARSALS	27 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	28 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	29 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	30 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop		

BEGINNER REHEARSALS (60 MINUTES)

ADVANCED BEGINNER REHEARSALS (75 MINUTES)

INTERMEDIATE & ADVANCED INTERMEDIATE REHEARSALS (90 MINUTES)

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	2
3 AVAILABLE TO BOOK FOR BONUS REHEARSALS	4 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	5 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	6 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	7 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	8 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	9
10 MOTHER'S DAY AVAILABLE TO BOOK FOR BONUS REHEARSALS	11 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	12 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	13 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	14 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	15 BRAIN BREAK AVAILABLE TO BOOK FOR BONUS REHEARSALS	16 CLOSED FOR VICTORIA DAY LONG WEEKEND
17 CLOSED FOR VICTORIA DAY LONG WEEKEND	18 CLOSED FOR VICTORIA DAY LONG WEEKEND	19 BRAIN BREAK AVAILABLE TO BOOK FOR BONUS REHEARSALS	20 BRAIN BREAK AVAILABLE TO BOOK FOR BONUS REHEARSALS	21 BRAIN BREAK AVAILABLE TO BOOK FOR BONUS REHEARSALS	22 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	23
24 AVAILABLE TO BOOK FOR BONUS REHEARSALS	25 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	26 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	27 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	28 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	29 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	30

BEGINNER REHEARSALS (60 MINUTES)

ADVANCED BEGINNER REHEARSALS (75 MINUTES)

INTERMEDIATE & ADVANCED INTERMEDIATE REHEARSALS (90 MINUTES)

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	2 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	3 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	4 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	5 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	6 AVAILABLE TO BOOK FOR BONUS REHEARSALS
7 AVAILABLE TO BOOK FOR BONUS REHEARSALS	8 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	9 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	10 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	11 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	12 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	13  COMMUNITY DAY/NIGHT
14 AVAILABLE TO BOOK FOR BONUS REHEARSALS	15 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	16 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	17 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	18 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	19 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	20 AVAILABLE TO BOOK FOR BONUS REHEARSALS
21 FATHER'S DAY AVAILABLE TO BOOK FOR BONUS REHEARSALS	22 7:30-8:45 [AB1] Heels 8:45-10:15 [IN] Contemporary	23 8:00-9:15 [AB] Hip Hop 9:15-10:45 [AIN] Heels	24 7:45-9:00 [AB] Jazz Funk 9:00-10:30 [IN] Jazz Funk	25 7:30-9:00 [IN] Heels 9:00-10:30 [IN] Hip Hop	26 7:00-8:00 [B] Heels 8:00-9:00 [B] Sneakers 9:00-10:15 [AB2] Heels	27 CLOSED FOR CANADA DAY LONG WEEKEND
28 CLOSED FOR CANADA DAY LONG WEEKEND	29 CLOSED FOR CANADA DAY LONG WEEKEND	30 CLOSED FOR CANADA DAY LONG WEEKEND				

BEGINNER REHEARSALS (60 MINUTES)

ADVANCED BEGINNER REHEARSALS (75 MINUTES)

INTERMEDIATE & ADVANCED INTERMEDIATE REHEARSALS (90 MINUTES)

JULY 2026

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 CLOSED FOR CANADA DAY	2 (7-10PM) PERFORMANCE PROGRAM FINAL REHEARSAL IN & AIN	3 (7-10PM) PERFORMANCE PROGRAM FINAL REHEARSAL B & AB	4 SHOW DAY "ONE NIGHT ONLY" 7:00 & 9:30 PM PERFORMANCES AT OLD TOWN HALL
5	6	7	8	9	10	11	
12	13	14	15	16	17 EXPECTED DELIVERY DATE FOR STAGE PHOTOS	18	
19	20	21	22	23	24 EXPECTED DELIVERY DATE FOR SHOW RECORDING	25	
26	27	28	29	30	31		

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ADVANCED BEGINNER REHEARSALS (75 MINUTES)

INTERMEDIATE & ADVANCED INTERMEDIATE REHEARSALS (90 MINUTES)